



You are the colours you choose, and this reflects your beings needs

Aura-Soma Colour Care System

Over the years of teaching Aura-Soma courses I have noticed how many people just walk in the room and already relax, breathe deeper; becoming inspired by the beauty and energy of the bottles.

Knowing this kind and subtle system is there for our support; is confidence inspiring. Helping us in clearing what is no longer necessary, highlighting where to invest our attention, to change thought patterns into more helpful and productive action, to become the best we can be.

Bringing the best of nature from the 'soil to the soul' supporting deeper levels of mastery is just one of the many ways of clearing your energy field, supporting and nurturing new paths of focused awareness.

During the day we 'play' with many of the beautiful Aura-Soma products and useful tools to elevate our energy. Things that we just 'never have the time to do' at home with the clutter of our overflowing lives snapping at our feet.



Greetings

It seems like time is a most valuable resource these days, when we lack time we get stressed; which leads towards dis-ease. When it comes to health, I'm a firm believer in prevention rather than cure. Come in Spinner offers a unique option of short weekend clearing, sort of like a spring clean for the soul. Using the time to reflect, reconnect, clean, clear, centre yourself and rebuild the resources you need to face the world again. You can leave refreshed with clarity about your priorities, after deeply connecting with yourself. This can only lead to a happier state of mind, and a more balanced life.

DEBORAH HUSBANDS

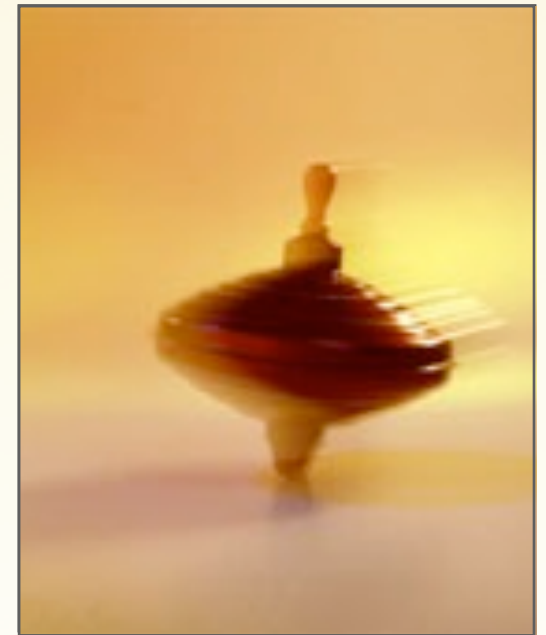
❁❁ TAMBORINE MOUNTAIN, ❁❁

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COME IN SPINNER

CARE WITH COLOUR



❁❁ CARPE DIEM ❁❁

For a clearing, cleansing, centering weekend to let go of any unnecessary energy or cobwebs that bind us. Time to refocus, and re assess your priorities, giving you a chance to re-member and reconnect with the life you wish to be living.



The "Come in Spinner" thinking

A change is as good as a holiday

It has always been intriguing to me that when we are on holiday we can stop and drop all of the tangled mental mess that we have been stressing about, planning the time, altering our surroundings helps us to let go of it all and proves that we can change our 'state of mind'.

We occupy our senses with a myriad of new sights, sounds, sensations and tastes and this gives our 'mind' something to distract itself with, which then leaves 'something' in us free to enjoy each new moment. I wanted to focus on that holiday feeling potentially bringing it into each day, and live life as close as possible to the energy that can be found when we escape norm. Taking just one night for yourself can vastly improve your mood and wellbeing, just ask my kids ... trying to get everyone away at the same time once a year on the traditional annual holiday is becoming very expensive and stressful, so 'WOW' days have been created to allow the minimum of disruption to busy family life, and the maximum of benefit to yourself.

Clearing out the cobwebs

In alignment with the energy and rhythm of the changing seasons we journey into what we have created, a time for Re-New-All, empowering yourself with positive energy and clearer more focused mind, spring cleaning for the soul with gifts from the soil.

Spinning your new web

Clearing of the old creates a sacred space inside much like a clean empty room, we can observe that space and decide how we wish to decorate.

Some people are unaccustomed to the empty space inside, and its is beneficial to 'be' with it, allow yourself to be inspired with a new vision, refining the way you weave that into your life. Always there will be things to practice and enjoy as you become more aligned, centered and at peace with spinning your world.



Introducing the Beamer Light Pen

Learn how to support and care for yourself with this wonderful tool, spend some time infusing your being with light and energy, supporting the inner pathways of your electro magnetic field, and rebooting your reservoirs of energy.

TREAT YOURSELF TO A NIGHT AWAY

The mountain has a multitude of accommodation options which offer you the chance to indulge in time alone, remembering, resting, eating well, reconnecting with you inner being, or walking in Nature helps you become more in tune with your natural energy.



Please enquire if you require help booking something. (not included)



SPIN YOUR WORLD - YOUR WAY IN 2011 (9.45AM-4.15PM)

MARCH 6	APRIL 10
MAY 22	JUNE 26
WOW FAMILY DAY	23 JULY 2010 SPECIAL FAMILY DAY (POA)
SEPTEMBER 4	OCTOBER 2
NOVEMBER 13	DECEMBER 11
PREPAID \$80	AT THE DOOR \$95